



BIP 2026

Caring Beyond Borders:

Nursing Equity and Responsibility for the Vulnerable

ESEULisboa, 25th – 29th May 2026 - Artur Ravara's Building

Program

25.05.2026	26.05.2026	27.05.2026	28.05.2026	29.05.2026
9 am	9 am	9 am	9 am	9 am
Welcome	Equity and responsibility	Bringing us closer Social Dinner	Let's make a difference	Looking to the future

Caring Beyond Borders:

Activity Program: Welcome

25th of may 2026 - Monday

09h00	Registration	
09 h30	Welcome session	Dean of ESEULisboa Bachelor Coordinator BIP Coordinator
10h00	“Let’s meet”	Mariana Pereira José Falé
10h45	Cofee break	
11h00	Groups & Facilitators	G1. Elderly people in situations of dependency or isolation – José Falé G2. Women victims of domestic violence – Maria Malliarou G3. Immigrants and refugees – Mariana Pereira G4. People with addictions (internet, technology) – Leona Cilar G5. LGBTI+ people – Afra Plana
12h00	LUNCH	
14h00	“Communication and Culture”	University de Girona University of Maribor University of Thessaly University of Lisbon
16h00	Culture market	
17 h30	Free time	

Caring Beyond Borders:

Activity Program: Equity & responsibility

26th of may 2026 - Tuesday

09h00	Warming up	José Falé & Mariana Pereira
09 h30	“Nursing equity and responsibility for the vulnerable”	Joana Mendes (ESEULisboa)r
10h15	“Caring in vulnerability: Voices, lives and experiences in the field”	João Pereira (CIG) Hugo Martins (ESEULisboa)
11h00	Cofee break	
11h15	Groups & Facilitators - Reflection	
12h30	LUNCH	
14h00	“Care4Physical Activity: Active Body and Mind Session”	Cristina Marques Vieira (ESEULisboa) Cristiana Firmino (ESEULisboa) João Santos (ESEULisboa) José Faria (ESEULisboa)

Caring Beyond Borders:

Activity Program: Bringing us closer

27th of may 2026 - Wednesday

09h00	Warming up	Mariana Pereira
09 h30	“Stories that care: Real experiences with vulnerable populations ”	Ana Bicho (ULSAS) Sandra Xavier (ESEULisboa) José Falé (ESEULisboa) Lecture - Leona Cilar
10h30	Cofee-break	
10h45	Movie time	
12h00	LUNCH	
13h30	FOTO challenge - Discovering Lisbon	
15h30	How can Design support Nursing Equity and Responsibility for the Vulnerable" - Fish bowl	Pavilhão de Portugal Cais Portugêses 1990-221 Lisboa
18h00	Refreshing and preparing for dinner	
19h00	Social Dinner - Traditional Portuguese food - "D'Bacalhau"	Rua da Pimenta 45 - North Riverside Area - Parque das Nações, Lisbon

Caring Beyond Borders:

Activity Program: Let's make a difference

28th of may 2026 - Thursday

09h00	Warming up	José Falé
09 h30	"Care Without Borders: Responding to Human Mobility and Vulnerability"	To be confirmed Sandra Xavier (ESEULisboa)
10h15	"Care that matters:Nursing in contexts of vulnerability"	Mariana Cardim (ACREDITAR) Lina Antunes (ESEULisboa) Mariana Pereira (ESEULisboa)
11h00	Coffee-break	
11h15	Criative activity	
12h00	LUNCH	
13h30 - 14h30	Groups & Facilitators	
14h30 - 17h30	Developing the final presentations - Working groups	
14h30	Staff meeting	
17h30	Free time	

Caring Beyond Borders:

Activity Program: Looking to the future

29th of may 2026 - Friday

09h00

Students final presentations

G1. **Elderly people in situations of dependency or isolation** – José Falé

G2. **Women victims of domestic violence** – Maria Malliarou

G3. **Immigrants and refugees** – Mariana Pereira

10 h30

Coffee-break

10h45

G4. **People with addictions (internet, technology)** – Leona Cilar

G5. **LGBTI+ people** – Afra Plana

11h45

Evaluation of the BIP - in person week

12h00

Closing session and Participation Certificates

12h30

LUNCH

Farewells and departure